



OnGuard Safety

MAKING SENSE OF WORKPLACE SAFETY TRAINING

OnGuard ACEProPLUS (LMS)

OnGuard ACEProPLUS – Physical Education

The **OnGuard ACEProPLUS Safety Training Program** is a **Learning Management System (LMS)** It delivers a series of self directed, online, eLearning curriculum based training modules.

The LMS **Physical Education** provides a **documented training program**, that **instructs and tests** students in the **Safe Operating Procedures (SOP)** for learning activities in the **Physical Education and Sport Curriculum**.

OnGuard ACEProPLUS is the major technology workshop skills and safety training program currently being used in the Australian Education sector: trade & high schools, TAFE colleges & universities.



Activity Units included in the module:

Participating in High Risk Sports Safely (target shooting, archery, abseiling, horse riding, ropes climbing, scuba diving, snow skiing (alpine & cross country))

Participating in Team Sports Safely (netball, soccer, football, field hockey, roller hockey, cricket, indoor cricket, AFL, baseball, basketball, softball, volleyball, ice hockey, futsal)

Participating in Aquatics and Water Sports Safely (canoeing, rowing, rafting, surfing, snorkeling, scuba diving, sailing, bodyboarding, sail boarding, water polo, swimming, diving)

Participating in Individual Sports Safely (tennis, athletics, martial arts, squash, golf, triathlon, wrestling, fencing, weight lifting, running, walking, acrobatics, gymnastics)

Participating in Outdoor and Adventure Sports Safely (rock climbing, abseiling, orienteering, rope climbing, caving, fishing, snow skiing, camping)

Participating in Recreation Sports Safely (cycling, mountain bike riding, gymnasium activities, skateboarding, camping & bush walking, jet skiing, ten pin bowling, ice skating, lawn bowls, rollerblade skating, table tennis)

Participating in Dance and Rhythmic Sports Safely (social dancing, cheerleading, aerobics, jazz dance)

Participating in Relaxation Sports Safely (pilates, yoga, tai chi)

The learning management system includes the following for each activity:

The student reads through a **Safe Operating Procedure** on the learning activity they will be attempting for the first time within the **Physical Education Curriculum**. The SOP advises on **risks and hazards** and the **general safety** aspects of the sport activity. The student then attempts a **knowledge consolidation** exercise. This **computerised knowledge test** relates to the activity Safe Operating Procedures studied.

Certificates of attainment are generated for a 100% score on the activity SOP knowledge test. The **Learning Management System (LMS)** tracks the student's training and testing. The Physical Education Department and all of its staff will have full **documented safety instruction and training records** for each student.

Includes **safe activity tutorials** designed to assist with the **testing of knowledge** acquired from the **safety instruction and training**. Ideal for use when a teacher is absent. It is the **perfect supplement** to one-on-one training – **ideal for revision**.

Online **eLearning** multimedia resources presenting **Safe Operation Procedures** for eight (8) learning activity areas found in the Physical Education **Curriculum** - ranging from **High Risk Sports** through to **Relaxation sports**.



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